### **ADULT & AGED**

We provide a broad and professional range of health and support services for adults to achieve your health and wellbeing goals.

### Services include:

- Community Nursing
- Counselling
- Dental
- Exercise Groups
- Exercise Physiology
- Home Care Packages
- Meals on Wheels
- Nutrition & Dietetics
- Occupational Therapy
- Physiotherapy
- · Podiatry & Foot Care
- Social Groups

We also provide a range of multidisciplinary specialist services:

- Cardiac rehabilitation
- Children's social support groups
- Continence services
- headspace services
- Palliative Care & Bereavement Program
- School based youth health
- School dental screening

# TO REQUEST AN APPOINTMENT

**1800 007 224** 

Email: intake@bch.org.au Fax:(03) 5258 0864



You can make an appointment yourself or ask your doctor, health worker or other service for a referral.

Eligibility criteria and waiting periods may apply to some of our services.

BCH acknowledges the traditional Custodians of the land where we work, and pay respects to Elders past, present and emerging.

## **HEALTH CENTRE LOCATIONS**

#### **DRYSDALE**

23 Palmerston Street, Monday - Friday 8:30am - 5:00pm

## **OCEAN GROVE**

78 Presidents Ave, Monday - Friday 8:30am - 5:00pm

# **PORTARLINGTON**

39 Fenwick Street Monday - Friday 8:30am - 5:00pm Fax: (03) 8513 6202

### DRYSDALE YOUTH

Peninsula Drive - Behind Bus Shelter Number 5 Monday - Friday 9:00am - 5.00pm Fax: (03) 5251 5099

## **POINT LONSDALE**

2 Nelson Road Monday - Friday 8:30am - 5:00pm

Bellarine Community Health Ltd. is supported by the Australian Government Department of Health and the Victorian Government.

Although funding has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

April 2022

www.bch.org.au

PO Box 26 Point Lonsdale 3225 ABN 96 536 879 169

# Programs and Services





Bellarine Community Health provides specialist health services for all ages across five locations on the Bellarine. We are committed to providing quality, affordable health care.

Bellarine Community Health is proud to promote and advocate for the health needs of our diverse community.

Our service provides safe, inclusive and high quality care for everyone.

#### **HEALTH SERVICE FEES**

Fees for health and dental services are calculated based on your income and your ability to pay.

Fees will be explained prior to an appointment being made for you.

Difficulty or inability to pay will not prevent you from receiving treatment or service.

BCH is a registered NDIS provider.

Visit www.bch.org.au for detailed list of fees.

## **GIVE US FEEDBACK**

Bellarine Community Health is wholly committed to improving our services through your experiences.

Please contact us at haveyoursay@bch.org.au or download a feedback form from our website.

## PRIMARY HEALTH CARE SERVICES

Bellarine Community Health is a not for profit organisation and the major provider of community health services across the Bellarine.

Our caring staff work with you to achieve your health goals.

Anyone in the community can access the wide range of services we provide.

If you need assistance or support related to your health, contact us and we can link you to the services you need.

We provide services related to NDIS, TAC, DVA and GP Care Plans

## **CHILDREN**

We work with your child and family to develop a plan of supports, therapy, education and information based on your child's strengths.

Our Child Health and Development team provide:

- Community Health Nursing continence
- Dental
- NDIS services
- Nutrition & Dietetics
- Occupational Therapy
- Physiotherapy
- Podiatry
- Speech Pathology

## YOUNG PEOPLE

We provide a range of confidential and friendly youth health and support services and programs for young people.

Our dedicated youth health and wellbeing services include:

- Dental
- GP Services
- NDIS services
- Nutrition & Dietetics
- Occupational Therapy
- Physiotherapy
- Podiatry
- Psychology
- Youth & Family Counselling
- Youth Health Nurse

Call us on 5253 0400 to make an appointment for our youth health and wellbeing services.

